



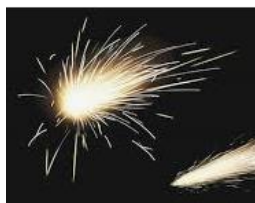
4S (Sparks, Strengths, Struggles, Supports):

- During this school year, we will revisit these important aspects of your life.
- When students move to Gr 10, CBE high schools sometimes use this as a transition document.

Please hand into your Homeroom teacher today so your teachers can learn more about you...

SPARKS

- Something I really enjoy doing includes...
- An idea I am interested in learning more about...
- A subject in school that I am most interested in is... (It doesn't matter if I am good at it or not)



STRENGTHS

What would someone who loves me say:

- The best things about me are...
- I am good at...
- The values and rules that I live by are...



Work on your strengths, not your weaknesses.

STRUGGLES

- I worry about...
- The places I don't like to go include...
- People I don't like to be around include...
- If I could change something about myself, it would be...



SUPPORTS

- The people who matter the most to me include...
- When I have a problem, I can talk to...
- Helpful programs/places that I go to include...

